



THE TEN COMMANDMENTS OF GOD – THE LORD’S PRAYER Explained to Mankind by Abd-ru-shin

The book “The Ten Commandments of God and The Lord’s Prayer - Explained to Mankind by Abd-ru-shin” was published for the first time in Autumn 1929. With his explanations based on the knowledge about the workings of the laws of creation – such as mediated by him in the Grail Message – Abd-ru-shin opens for humanity of the present time a new access to the understanding of these ancient writings, which in religious thought even today are still bestowed a deep significance. The attentive reader will recognise the concrete and immeasurable help these texts hold for him, provided that he makes the effort to recognise the intention for which they were given to mankind.

Abd-ru-shin writes with regard to the “Ten Commandments”:

“Who takes the trouble to experience a Commandment thoroughly with his intuition. When one sees how thoughtlessly children and adults habitually treat the Commandments of their God, every serious-minded person could and should be horrified.

The Commandments are learned and superficially discussed at school. A person is happy if he has taken in the words, and can to some extent give answers concerning them, so long as there is any danger of his being questioned about them. When he leaves school to enter public life these words too are soon forgotten, and with them also the meaning. The best proof of the fact that he was not really interested at all in what his Lord and God demands of him.

But He does not even *demand* anything, but gives in love to all men what they really need! From the Light it was indeed perceived how far human beings were going astray. So, like a teacher, God faithfully showed them the way that leads them to Eternal Life in the Luminous Realm of the Spirit, thus to their happiness. Whereas disobedience must lead to misery and ruin for mankind!

Just for that reason it is not really correct to speak of *Commandments*. Rather they are very well-meant advice, pointing out the right way through the World of Matter, with which the human spirits themselves wished to become acquainted.”

(from the chapter : “The Third Commandment”)

“You see that all the Commandments are only the best friends for men, to protect them faithfully from evil and from suffering! Therefore love them and respect them as a treasure, the guarding of which brings you only joy! –“

(from the chapter : “The Fifth Commandment”)

CONTENTS:

THE FIRST COMMANDMENT:

I am the Lord Thy God!
You shalt haveno other Gods but Me!

THE SECOND COMMANDMENT:

Thou shalt not take the Name
of the Lord Thy God in vain!

THE THIRD COMMANDMENT:

Thou shalt keep the Sabbath Day Holy!

THE FOURTH COMMANDMENT:

Thou shalt honour Father and Mother!

THE FIFTH COMMANDMENT:

Thou shalt not kill!

THE SIXTH COMMANDMENT:

Thou shalt not commit adultery!

THE SEVENTH COMMANDMENT:

Thou shalt not steal!

THE EIGHTH COMMANDMENT:

Thou shalt not bear false witness
against Thy neighbour!

THE NINTH COMMANDMENT:

Do not let Thyself lust after
Thy neighbour’s wife!

THE TENTH COMMANDMENT:

Thou shalt not covet Thy neighbour’s
house, nor his farm, nor his cattle,
nor anything that is his!

THE LORD’S PRAYER